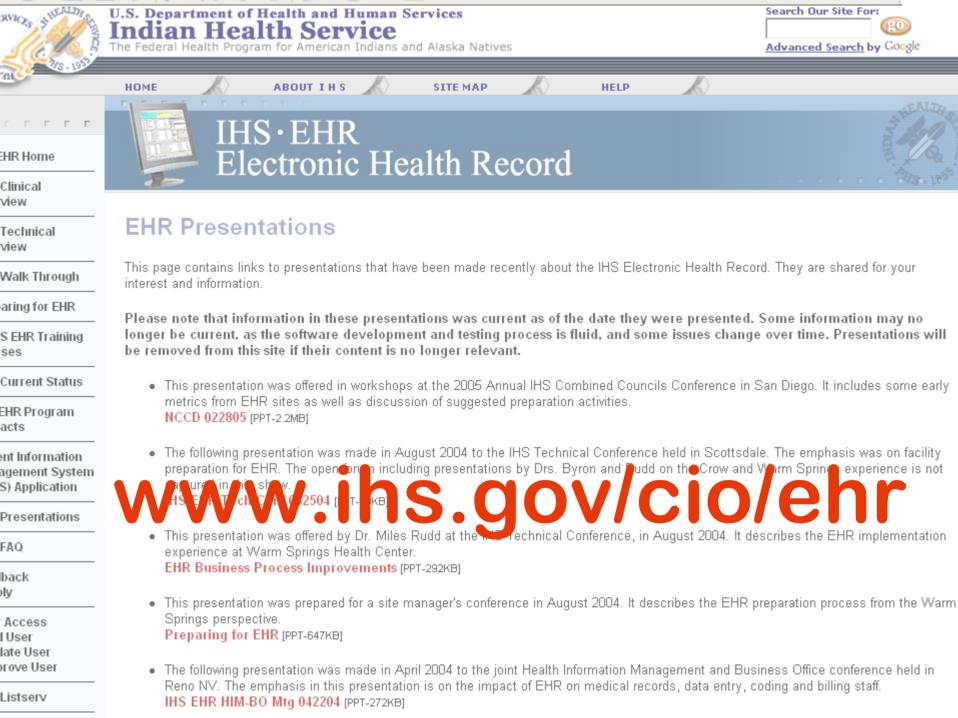
Integrated Behavioral Health and the IHS Electronic Health Record

Denise Grenier, MSW, LCSW Howard Hays, MD, MSPH OIT Technical Conference June 28, 2005







Objectives

- RPMS Behavioral Health Applications
- Integrated Behavioral Health in the Electronic Health Record
- Suicide Reporting in RPMS

Behavioral Health Practice in I/T/U

- Many types of BH programs
 - Hospital or clinic-based mental health and social work programs
 - Collaborative practices with primary care providers
 - Stand-alone tribal mental health and chemical dependency programs (Behavioral Health)
 - Residential treatment centers adults and youth
- All with particular documentation and data needs and often with multiple funding sources



RPMS BH Applications

- BH Providers using RPMS have been able to document fully for over 10 years
- RPMS MH/SS application since early 1990's
- BHS v3.0 (roll/scroll) released 01/03
- BH GUI released 01/04 in IHS Patient Chart v1.4

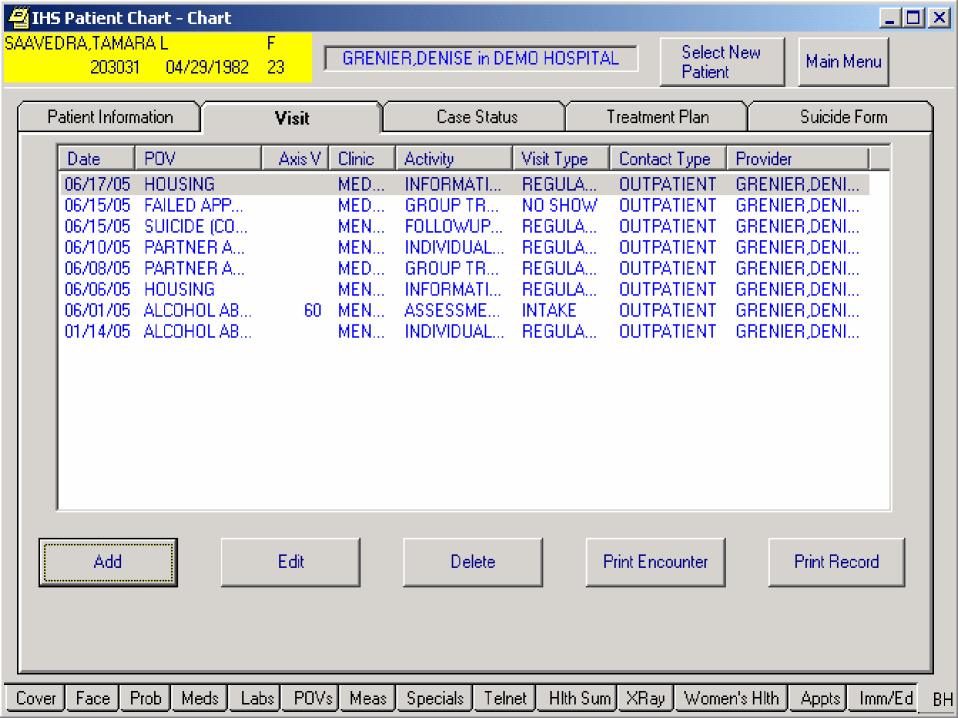
Features of RPMS BH Applications

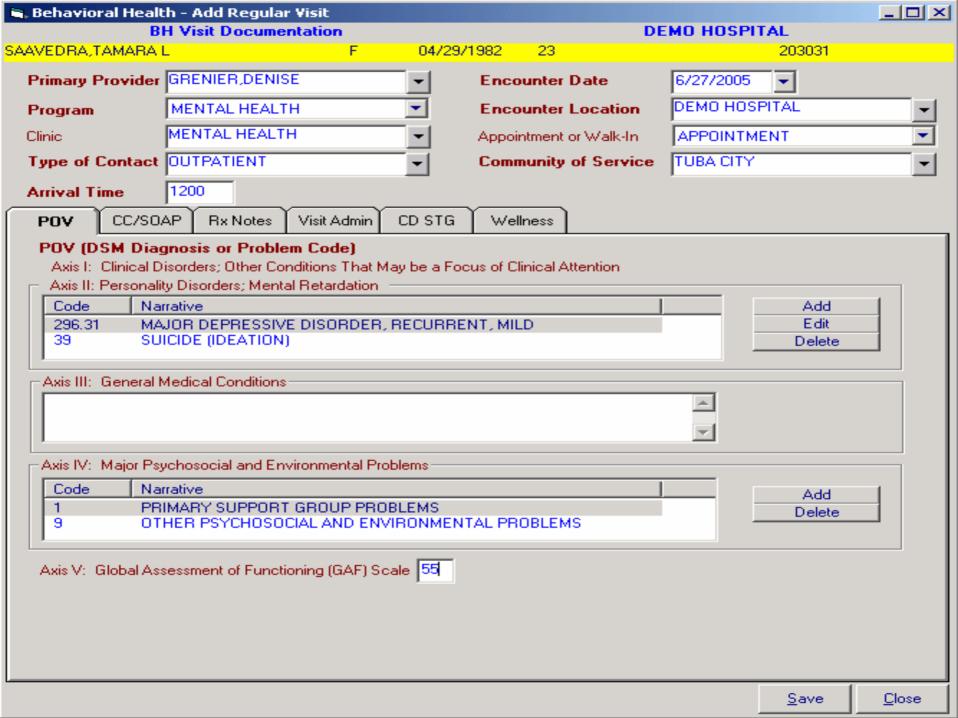
- Encounter documentation
 - Individual
 - > Group
 - Administrative
- Suicide Reporting Form
- Treatment Plan and Case Management functions
- BH reports and export
- Security and Confidentiality based on "need to know"
 - Access to application limited to BH providers
 - Limited data passage to PCC
 - Clinical notes can be suppressed
- Graphical User Interface application (BH GUI)



BH GUI

- Component of IHS Patient Chart that supports direct provider entry of clinical data
- Developed with User-centered Design Process
 - Usability analysis of existing GUI prototype (Patient Chart)
 - Data Collection
 - On-site user interviews
 - Testing of user interface structures
- GUI standards and principles
 - > Clear, comprehensible navigation structure
 - Screen supports task flow
 - Reduced visual complexity
 - Clear label organization and text presentation

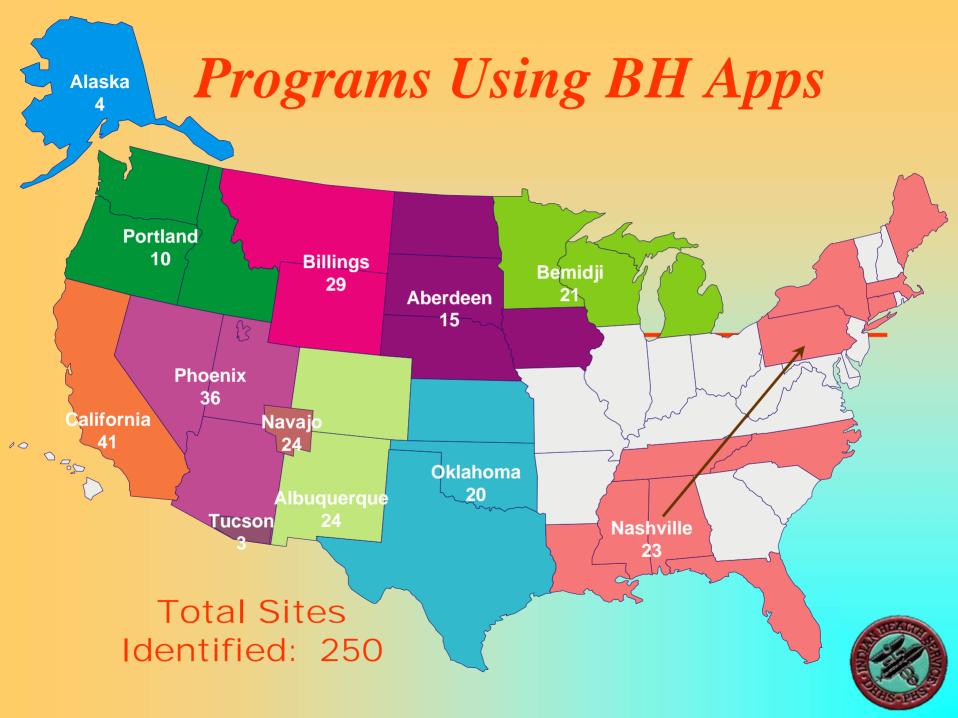






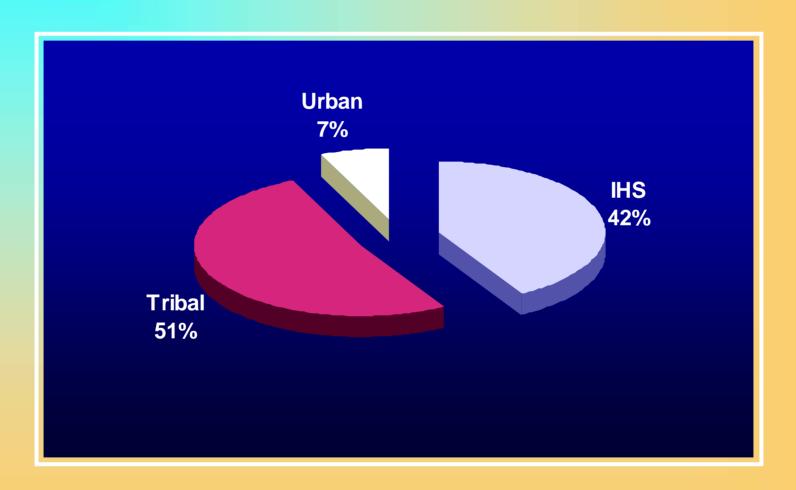
Current RPMS BH Releases

- BHS v3.0 Patch 4 and BH GUI v1.5
 - ➤IPV/DV Screening Exam Code & Reports
 - Enhanced Group functionality
 - New Activity and Problem codes
 - Revision of DSM-IV and ICD-9 codes table
 - Suicide Reporting Form modifications
 - Release anticipated early July





BH Application Sites



More than half of programs using RPMS BH applications are non-Federal sites



Integrated Behavioral Health

- IBH is the long-term software solution for BH documentation and data collection
- Integrate care, integrate data
 - > Encounter documentation
 - Testing instruments and outcome measures
 - Treatment planning
 - > Access to RPMS clinical applications



Funding of IBH Development

- Stevens Bill Federal legislation directing development of information systems to improve BH services and outcomes
- Funding is administered by the IHS Division of Behavioral Health
 - >RPMS BH application development
 - ➤BH data collection, aggregation and reporting (IHPES)

IBH Requirements from SME

- Scheduling and Sensitive Patient Tracking (PIMS)
- Order Entry
 - Medications
 - Laboratory
 - Radiology
- Enhanced Treatment Planning
 - Interface to COTS application
- Templates
 - Clinical notes
 - Biopsychosocial assessments
- Ability to record results of screening, assessment and standardized tests
 - > VHA Mental Health Assistant



Incremental Development of IBH

- Port BH components into EHR
- Integrate Order Entry, TIU, etc. into BH components
- Biopsychosocial and notes templates
- Deploy Suicide Form BH GUI (Patient Chart), RPMS and EHR
- Treatment planning module
- VHA Mental Health Assistant



Treatment Planning Module

- Standard feature of electronic BH records
- Functional requirements include:
 - Diagnosis or symptom driven protocols
 - Mental Health and Chemical Dependency
 - Adult, children and youth
 - Clinical decision support
 - Extensive date and review tracking with alerts
 - Outcome Measures
 - Customizable
- RFP is pending FY06 funding

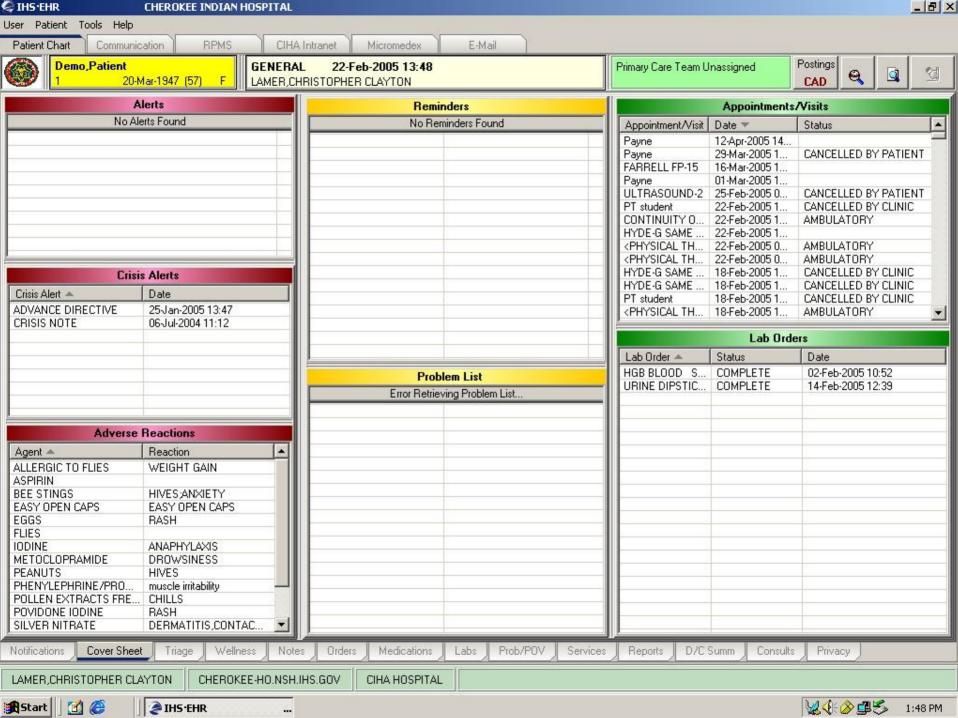


VHA Mental Health Assistant

- Allows BH clinicians the ability to record, store, graph and trend results of:
 - Screening tools
 - Assessments
 - Standardized psychological tests (proprietary and non-proprietary)
- Outcome measures
- Clinical Decision Support
- Sharing agreement with VHA supports importing MHA

IBH in EHR







Why Release IBH in EHR?

- EHR is the medical record solution for Federal Indian Health sites
 - ➤ Goal is to have all IHS sites using EHR by end of FY 2008
 - >EHR is also available for tribal facilities
 - ➤ EHR is presently used in 22 facilities, 7 of which are tribal
- EHR is already used for BH documentation at some sites (but not in the MH/SS Record)



Why Release IBH in EHR?

- EHR offers features required by BH providers
 - Computerized provider order entry
 - Template-based encounter forms with electronic signature
 - Role-based access to information
 - Access to RPMS/PCC data and medical notes
 - Improved information sharing and communication, i.e. notifications and consults

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Template: Lab Letter
V
                      WARM SPRINGS HEALTH AND WELLNESS CENTER
                                  PO Box 1209
                               1270 Kot-Num Road
                             Warm Springs, OR 97761
                                FEB 22, 2005
  TEST. WOMAN
   No Current Address Found
   Dear Ms Woman
Ī⊽
        We received the results of your recent *
                                                     lab
   were * normal .
I⊽
        You recently had a blood test for cholesterol. Cholesterol is a type
   of fat made by your liver. It is also found in foods coming from animal
   sources like meat, eggs and dairy. Too much cholesterol in your system
   can raise your risk for having a heart attack or stroke.
        Cholesterol occurs in the blood in different forms. The LDL form
   DELIVERS cholesterol to the body. The HDL form REMOVES cholesterol from
   the body. Too much LDL is bad for the body, while increased HDL is good.
   The balance of HDL and LDL tells us about your risk for heart disease.
   The following are your results:
   Total Cholesterol 180
                                   A total cholesterol under 200 is
                           best. 200-240 is borderline high. Over
                           240 means increased risk for heart disease.
     LDL Cholesterol 124
                                    LDL cholesterol under 130 is best.
                           Between 130-160 is borderline high. Over
                           160 means increased risk for heart disease.
     HDL Cholesterol 65
                                    HDL cholesterol under 35 means
                           increased risk for heart disease. Levels
                           over 60 reduce your risk for heart disease.
          Risk Ratio
                                   A ratio of more than 5 means increased
                           risk for heart disease. A ratio less than 5
                           reduces your risk for heart disease.
        Your current levels put you at an overall * decreased risk for
   heart disease
I⊽
        I recommend we recheck these labs in *

    Please continue

   to follow a healthy diet and get regular ex 3 months
                                               6 months
     All
               None
                                                                                                                                 0K
                                                                                     * Indicates a Required Field
                                                                                                               Preview
                                                                                                                                           Cancel
                                               12 months
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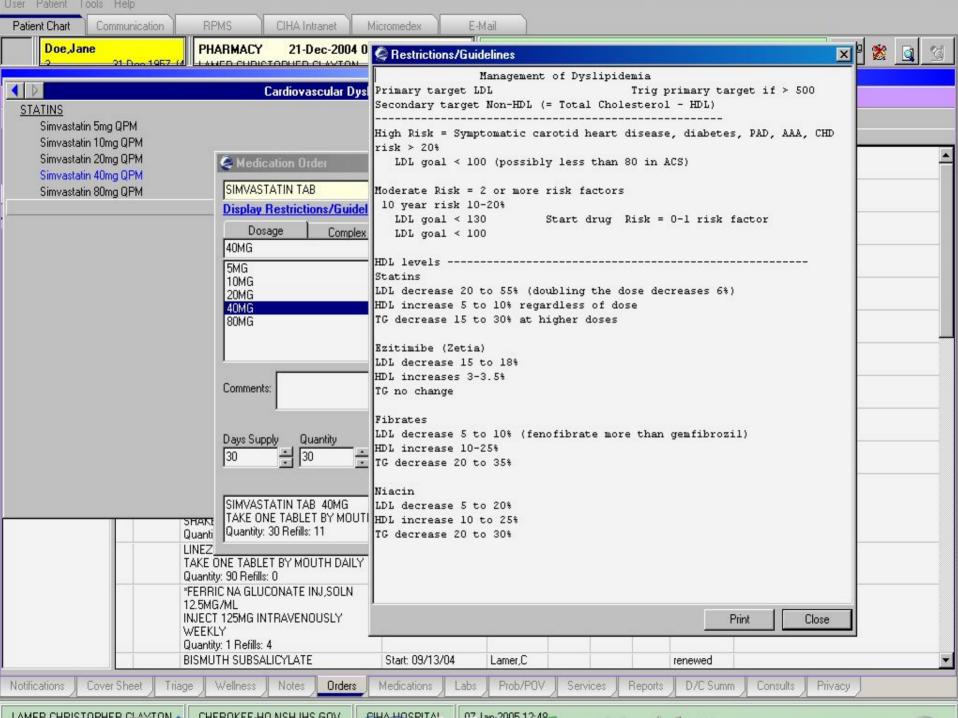
What is IHS EHR?

- Server-side RPMS applications
 - > adapted from VHA or developed by IHS
- Client-side Graphical User Interface
 - VueCentric framework with IHScustomized components
 - ➤ Principal users of the GUI clinicians
 - Many others use the GUI for convenience and ease of access, but do not (yet) have GUI access to their applications (e.g. Registration, Lab, Radiology, Pharmacy)



Will EHR Meet All BH Needs?

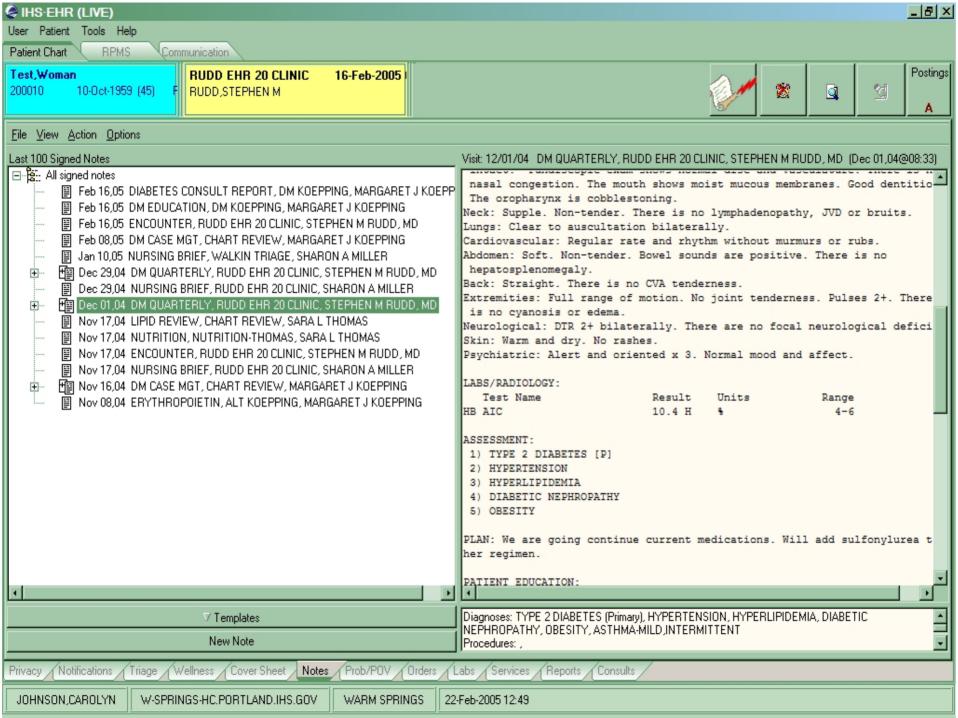
- Unknown, but possibly not
 - At present, EHR is complex to install, set up, and maintain
 - Many smaller sites, especially without medical programs, may not choose this solution
 - ➤ A leaner, simplified version of EHR is being contemplated
 - ➤In the meantime, BHS and the BH GUI remain capable solutions for BH programs





Advantages of the GUI Solutions

- Easy to use, easy to learn
- Legibility of notes
- Data entry at point of care improves data quality and access
- Patient safety and quality of care
- Improved ability to meet accreditation standards and performance measures
 - >JCAHO, AAAHC, CARF
 - >GPRA CRS



Suicide Reporting in RPMS

Agency Initiative

GPRA Clinical Performance Measure





Suicide in Indian Country

- Suicide rates for Al/AN range from 1.5 to over 3 times the national average for other groups*
- Al/AN youth aged 15-24 have highest rate, all populations (CDC)
- 5th leading cause of death overall for males*
- Young people aged 15-34 make up 64 percent of all suicides*
- While suicide rates for all other racial groups declined from 1990 through 1998, they continued to increase for Native Americans.

^{*} Trends in Indian Health, 2000-2001

IHS Director's Performance Contract

- Develop national suicide surveillance system by the end of FY04 and deploy by the end of FY05.
 - ➤ Part of a larger DHHS and Agency Initiative on Suicide Prevention
 - ➤IHS National Suicide Prevention Committee
 - Goal 11: Improve and expand surveillance systems



GPRA Suicide Clinical Indicator

- The purpose of the GPRA suicide clinical indicator is to support suicide prevention by collecting comprehensive data on the incidence of suicidal behavior.
 - ➤ 2005 Integrate the RPMS Behavioral Health suicide surveillance tool into RPMS
 - ➤ 2006 Establish baseline data on suicide using the RPMS suicide reporting tool



Suicide Reporting in RPMS

- Suicide Reporting Form (SRF) released in RPMS BHS v3.0 and BH GUI January 04
 - >Accessible by BH providers only
- SRF to be released in RPMS PCC and EHR by end of FY05
 - Accessible by Primary Care, ED and other providers
- Baseline suicide data FY06



Suicide Reporting in RPMS

- Data Entry Option a "SF" (suicide form) mnemonic will be created to support data entry from paper forms
- Provider Entry Option this is a "stand-alone" option that can be put on a provider's menu
- Released as part of the Data Entry package
- The SF menu option is controlled by a key; only providers will be given the SF menu option
- All completed suicide forms reside in the MH/SS Record Suicide Form .01 field
- Completed suicide forms are not attached to a Visit
- Data is sent to the National Programs database via BH export
- Reports in PCC will be modeled on the existing BHS reports



Using the Suicide Reporting Form

- When is it used?
 - Patient reports suicide ideation with intent and plan; patient presents at ED after an attempt; provider informed of completed suicide
- What data does it collect?
 - Standard epidemiological and demographic data
 - Method, location, previous attempts, contributing factors, etc.
- How is the form completed?
 - Paper-based
 - Suicide Reporting form completed by provider then given to Data Entry (PCC or PCC+)
 - ➤ Direct Provider Entry
 - BHS v3.0 or BH GUI
 - EHR

